

Gokyo No Waza

Rank First Required		Dai Ikkyo	(First Section)
Ku Kyu	2nd White	Deashi Harai	Advanced Foot Sweep
Shichi Kyu	2nd Yellow	Hiza Guruma	Knee Wheel
Rokku Kyu	1st Green	Sasae Tsurikomi Ashi	Supporting Foot Lift-Pull
Rokku Kyu	1st Green	Uki Goshi	Floating Hip
Shichi Kyu	2nd Yellow	O Soto Gari	Major Outside Reap
Ku Kyu	2nd White	O Goshi	Major Hip
Shichi Kyu	2nd Yellow	O Uchi Gari	Major Inside Reap
Hachi Kyu	1st Yellow	Ippon Seoi Nage	Shoulder Throw

Rank First Required		Dai Nikkyo	(Second Section)
Hachi Kyu	1st Yellow	Ko Soto Gari	Minor Outside Reap
Shichi Kyu	2nd Yellow	Ko Uchi Gari	Minor Inside Reap
Go Kyu	2nd Green	Koshi Guruma	Hip Wheel
Go Kyu	2nd Green	Tsuri Komi Goshi	Lift-Pull Hip
Go Kyu	2nd Green	Okuri Ashi Harai	Double Foot Sweep
Hachi Kyu	1st Yellow	Tai Otoshi	Body Drop
Rokku Kyu	1st Green	Harai Goshi	Sweeping Hip
Rokku Kyu	1st Green	Uchi Mata	Inner Thigh Reap

Rank First Required		Dai Sankyo	(Third Section)
Yon Kyu	Purple	Ko Soto Gake	Minor Outside Hook
Yon Kyu	Purple	Tsuri Goshi	Lifting Hip
Yon Kyu	Purple	Yoko Otoshi	Side Drop
San Kyu	1st Brown	Ashi Guruma	Foot Wheel
San Kyu	1st Brown	Hane Goshi	Springing Hip
San Kyu	1st Brown	Harai Tsuri Komi Ashi	Lift-Pull Foot Sweep
Rokku Kyu	1st Green	Tomoe Nage	Circular Throw
San Kyu	1st Brown	Kata Guruma	Shoulder Wheel

Rank First Required		Dai Yonkyo	(Fourth Section)
Ni Kyu	2nd Brown	Sumi Gaeshi	Corner Counter
Ni Kyu	2nd Brown	Tani Otoshi	Valley Drop
Ni Kyu	2nd Brown	Hane Makikomi	Springing Wraparound
Ni Kyu	2nd Brown	Sukui Nage	Scooping Throw
Ni Kyu	2nd Brown	U Tsuri Goshi	Shifting Hip
Ni Kyu	2nd Brown	O Guruma	Major Wheel
Ni Kyu	2nd Brown	Soto Makikomi	Outside Wraparound
Ni Kyu	2nd Brown	Uki Otoshi	Floating Drop

Rank First Required		Dai Gokyo	(Fifth Section)
Ik Kyu	3rd Brown	O Soto Guruma	Major Outside Wheel
Ik Kyu	3rd Brown	Uki Waza	Floating Technique
Ik Kyu	3rd Brown	Yoko Wakare	Side Separation
Ik Kyu	3rd Brown	Yoko Guruma	Side Wheel
Ik Kyu	3rd Brown	Ushiro Goshi	Back Hip
Ik Kyu	3rd Brown	Ura Nage	Rear Throw
Ik Kyu	3rd Brown	Sumi Otoshi	Floating Drop
Ik Kyu	3rd Brown	Yoko Gake	Side Hook